



NWSE News

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photo by Grace Marshall

2005 exam: From the right: Douglas McCorison, Paula Kerby, John Farquhar, Lizz Roberts, Greg Beatty, Ian Boote, Shelly Clouse, Marti Bartlett, Aerin Adrian, goreisha John Seaman
Not shown: examiners Jim Sterling and Lee Seaman

Congratulations Examinees!!!

Exam results

The time we all invested in getting ready for exams brought some amazing results this year. Good exam concentration, clean movement, visible improvement from last year—and the group has a better sense of what it means to do Shintaido together.

Thanks to each one of you for all you did to make the weekend happen!

Your exam weekend co-managers Lee and Lizz



photo by Grace Marshall

Upcoming events

Tai Chi Class Aug 24 in Bellingham with Ito-sensei. See Lee for exact time and cost.

The **Kenko Taiso workshop with Ito-sensei in Langley Aug 27-28** looks like a sell-out. Price \$110 for two days (arrange your own housing). Details on the NWSE website, or see Lee.

New class

Beginning bojutsu/open-hand
Thursday 2 PM, Isabel teaching.

Exam numbers

Bojutsu	John Farquhar	5th kyu
	Lizz Roberts	6th kyu
	Greg Beatty	6th kyu
	Ian Boote	7th kyu
	Shelly Clouse	9th kyu
	Marti Bartlett	10th kyu
	Aerin Adrian	10th kyu

Advanced Students:
Ian Boote
Douglas McCorison
Paula Kerby
Greg Beatty

NWSE financial update:
July donations (including exams) \$456
In the bank ≈ \$2000

Upcoming events

- Tai Chi class with Ito-sensei in Bellingham Aug. 24
- Taimyo workshop with Ito-sensei in Langley WA Aug. 27-28,
- John, Lee, and Jim teach Shintaido and Prayer workshop SF Oct. 7-9.
- West Coast Kangeiko 2006 coming in mid-January

"If instead of opposing the movements of your opponent, you moved with him in a natural way, what would happen?"

Shigeru Egami in The Way of Karate



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