



Playing with "ma"

John Farquhar
and Shelly Clouse

Photo by Grace
Marshall

Upcoming events

- Grace's art exhibit Oct. 24 – Dec. 2. Gallery walk with the artist Saturday 1 pm Nov 5.
- NWSE planning meeting Sunday Nov. 6 after keiko
- Next worldwide Taimyo for Peace event Dec. 7-10
- West Coast Kangeiko 2006 Jan 14-16: "Giving and Receiving"

Keeping our focus

Days are short, leaves are down, and life is busy as we move toward winter. It's easy to forget our basic connectedness this time of year.

Last issue we talked about "ma", the connection and timing between you and your partner in keiko. The Japanese term "nakama" (仲間) means literally "the ma of relationship" – the people we make "ma" with. Through the keiko, we keep each other connected.

Good keiko! -Lee

Grace's art show!!!

"Layers: Transposition of Knowledge":
October 24th through December 2nd at
St. Joseph Hospital Center for Rehab
Medicine, 809 E. Chestnut St.



Inheritance
by Grace
Marshall

Join us 1 pm Saturday Nov 5 for a gallery walk with the artist.

The show is open to the public daily from 8:30 am until 5:30 pm.

The Keiko and Prayer workshop taught by John, Lee, and Jim was received very well. John and Tomi demonstrating Kabuki to the right. Details available on request!

Taimyo for Peace

Upcoming Taimyo meditations in Bellingham are Oct 24 and Nov 28 at the Bellingham Unitarian Fellowship, Nov 14 and Dec 12 at the Congregational Church, and a public meditation Dec 7.

Advertisement

Need beautiful and inexpensive Christmas gifts? Give our greeting cards with pictures from keiko or stunning local scenery. See Lee. Profits go to NWSE.

NWSE financial update:

Sept donations \$195
In the bank ≈ \$2000

"... Shintaido has helped me to find a greater inner calm ..."
Grace Marshall, in "Layers"



Photo by Jim Sterling